

# INSIDE AKL

WINTER EDITION - 2024

## Fraternities Matter

With nearly 250 years of history behind us, fraternities have shown how bringing men together around friendship, scholarship, and service fosters incredible personal growth and belonging, providing significance for a lifetime.

But the challenges fraternities face today are real. Fewer men are going to college each year - making up only 40% of the student body. Even fewer are graduating, and higher education is projecting a further significant decline in enrollment over the next few years. Alcohol abuse, addiction, and hazing continue to be problems that persist across college campuses.

Recent research has also proven how fraternities provide life-changing support, community and connection, and strong leadership development and professional networking to today's college men. This issue of InsideAKL provides insight into some of that research that is being done among Greek Letter organization.



## Happy Holidays from Alpha Kappa Lambda



Alpha Kappa Lambda wishes you a joyful holiday season filled with warmth, laughter, and cherished moments.

May this time bring you peace, happiness, and the company of those you hold dear. Whether you celebrate Christmas, Hanukkah, Kwanzaa, or enjoy the festive spirit, may your days be merry and bright.

Here's to a wonderful holiday season and a happy and healthy New Year ahead!

# INSIDEAKL

InsideAKL is the official newsletter of the Fraternity of Alpha Kappa Lambda. Undergraduate and alumni members, family, and friends are encouraged to submit news, articles, and photographs of chapter events, philanthropic and service projects, as well as other events and achievements.

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**@AKLFraternity**

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## **Mission Statement**

Develop brothers who, guided by the Five Ideals, share a lifelong commitment to AKL and are dedicated to assuming leadership roles in meeting the challenges of life.

## **Vision Statement**

To be the premier collegiate experience leading to lifelong brotherhood.

## **Alpha Kappa Lambda Statistics**

Living Alumni Worldwide  
27,000+

Undergraduate Members  
950+

Active Chapters  
22



## From the Desk of the Executive Director

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Brothers,

Merry Christmas and Happy Holidays.

Tis the season to share our thanks for what we have. It is also a time of celebration for many brothers with many different beliefs. Whatever yours is I hope you have a great holiday. Our chapters are on break and the new chapter officers are preparing for our Officers' Academy this coming January.

So here is a funny question for you..." Are you reading this newsletter?" Our analytics suggest about 1/3rd of the members receiving this newsletter via email will open it up. Maybe half of those will actually scroll through it. I hope you are one of the ones that does. We hear from alumni sometimes that they have not "heard from us recently." We find a lot of times they have gotten our communications but just had not opened them or read them.

In this edition of InsideAKL, you will find national research about Fraternities Matter. This is so important regarding our industry but also specifically about our Fraternity. If you have every heard or asked, "What good are fraternities? hopefully this information helps answer that question. Enjoy our alumni spotlight article. I have known Eric for over two decades and have followed his success during that time. If you have a recommendation of an alumnus member we should interview in the future please let us know via [info@akl.org](mailto:info@akl.org). We want to tell their stories. AKL's make an impact in so many ways but it is hard to share those stories without a lead.

Have a great holiday!

Fraternally,



Jeremy Slivinski, Alpha Kappa Lambda  
Executive Director & Chief Executive Officer

## Fraternities Matter

Students spend 90% of their time outside the classroom. Fraternities capitalize on those hours by preparing men for success in college and in their futures far beyond what their peers experience. A study of thousands of alumni of diverse backgrounds shows this holds true regardless of an individual's background or socioeconomic status entering college.

Because of higher expectations, as well as the support and network fraternities provide, members experience greater gains in learning and graduate at higher rates than their peers. Nearly 75% of chapters offer focused leadership development programming at least monthly, and 83% of members say their confidence in their leadership skills increased because of their membership. Fraternity and sorority members also report higher levels of interaction with people different from themselves, lending to members being more prepared than their peers to join a diverse workforce and community. So, it is no surprise that fraternity alumni are twice as likely to believe their college experience prepared them well for life after college.

Fraternity members can tap built-in alumni networks, finding jobs more quickly than their peers. Research shows almost half of the members had a brother who helped them find an internship or job and provided them with career advice. Fraternity alumni report being more fulfilled in their careers and lives in every aspect of well-being measured, from career to community and financial to physical, because of the relationships and resources they can leverage.

So, while research shows that one in five students considers joining a fraternity but don't because of concerns around academics or finances, studies show membership is a worthwhile investment.

### The Proof:

- 83% of members indicate stronger leadership confidence as a result of their fraternity membership.
- Fraternity members show significantly higher learning gains than their peers in their first year of college.
- Despite being less diverse than students in general, fraternity/sorority members reported higher levels of interaction with people different from themselves than did other students.
- Fraternity alumni are twice as likely to feel that their alma maters prepared them well for life after college and that they gained important job-related skills.
- Fraternity alumni find jobs more quickly after graduation and are more engaged in the workplace.



## Fraternities Matter

Fraternity men love their collegiate experience – as students and as alumni. In fact, more than 8 out of 10 fraternity members say they would re-join their organizations. Research shows, that fraternity membership connects men to the university in a way that nonmembers simply don't experience. They're more satisfied as students and as alumni are more likely to recommend and give back to their alma maters. Members are more engaged inside and outside of the classroom than their peers—they report feeling more supported by their faculty and nearly half serve in leadership roles across campus. They're also more connected to their local communities, with research showing they spend significantly more time volunteering than nonaffiliated students.

### The Proof:

- 75% of fraternity members demonstrate strong satisfaction with their overall student experience.
- 78% of fraternity members feel a strong connection to campus and are more satisfied with their experience.
- Nearly half of fraternity members serve in other campus leadership roles.
- Fraternity members are more involved in co-curricular activities, and membership promotes student leadership and development, as well as satisfaction with the collegiate experience.
- Fraternity members have stronger interaction with faculty than their peers, with higher rates of feeling like their professors cared about them as a person or made them excited about learning.
- Fraternity members spend significantly more time volunteering, mentoring, and doing other types of service work, and they feel like they belong in their communities.
- Fraternity members feel a stronger connection to and are more engaged in their communities.
- Fraternity alumni feel a deeper sense of loyalty to their alma mater because of their positive college experiences, and they are more likely to recommend their school to others and donate after graduation.
- If they had to do college over again, more than 8 out of 10 fraternity members would rejoin their organizations.
- Fraternity members report a greater sense of belonging and feeling of being a valued member of their campus community compared to unaffiliated peers.

More information on why Fraternities Matter can be found here: <https://nicfraternity.org/research/>

**“RESEARCH PROVES THAT FRATERNITIES FOSTER POSITIVE MENTAL HEALTH, SERVE AS A SUCCESS ACCELERATOR FOR STUDENTS, AND ENGENDER TREMENDOUS LOYALTY AND CONNECTION AMONG ALUMNI TO SUPPORT THEIR ALMA MATER.”**



# Alumni Member Spotlight

**Eric Schmidt**

**Gamma Chapter, 1992 - University of Illinois**

Eric Schmidt is an alumnus of the Gamma Chapter at the University of Illinois Urbana-Champaign. As a former chapter volunteer, we reached out to Brother Schmidt after learning about the continued success of Orange & Brew, his Bottle Shop and Tap Room in Downers Grove, IL. For the second consecutive year, it was recognized as a Reader's Choice Top Beer Bar in the World by Craft Beer & Brewing.

To gain insight into his success and his history with Alpha Kappa Lambda, we spoke with him about his fraternity experience.

***Tell us about your experience joining AKL. Did you always know you wanted to be in a fraternity?***

My experience joining AKL was pretty standard for the time. Several guys from my high school were in the house and reached out to some of us freshmen about checking things out. Before heading to the University of Illinois, I hadn't necessarily thought I wanted to be in a fraternity, but it was certainly something that appealed to me the more I got to know the guys in the house.

It was a way to make a large campus feel smaller, and I specifically liked the fact that we had members from all over the state. While I knew a small pocket of guys already, I also liked that I'd find people from many different backgrounds."

***What was your collegiate experience like?***

"My college experience wasn't unique by any means, but it was what I made of it. Whenever I speak to students, I tell them that the school experience, especially after high school, is really up to them.

I was lucky enough to find AKL early, and that was a way to personalize my college experience. From there, I was able to find other "fraternities" of people with similar interests—guys who loved to play pick-up hoops, people who enjoyed certain types of music and concerts, and other students interested in the same courses I was. AKL gave me the first experience of finding a common group of people in a very large place."

***What is your favorite AKL memory?***

"These days my favorite thing is when a group of us gets together, we tell the same stories over and over every time we see each other while our wives collectively roll their eyes. So there are a lot of fond memories for sure.



# Alumni Member Spotlight

**Eric Schmidt**

**Gamma Chapter, 1992 - University of Illinois**



And regardless of how long it's been seeing some of the guys, it's always like we had just hung out "yesterday".

**Were you involved on campus or in the community in other ways besides AKL?**

"Most were jobs that I needed to help put myself through school, but I was very fortunate to find things to get paid for that I enjoyed. As a Broadcast Journalism major, I worked for the athletic department in Sports Information (the PR side of college sports). I was a two-year writer, then Sports Editor my last two years of the Illio, our campus yearbook. In addition to that, I was an intramural referee and supervisor, baseball official, and doorman at a campus bar. I hadn't really thought about this before, but all of those experiences wound up having some professional connection for me eventually."

**Tell us more about your life and career after college.**

"Just like my college years, I've had a lot of professional interests. I started as a TV sports reporter in Champaign, then eventually moved back to Chicago to work for Major League Baseball by running and coaching in their Reviving Baseball in Inner Cities program in Chicago. From there I moved back into TV, first working for the Chicago Tribune's 24-hour news station, then moving into a freelance reporting role for Comcast in Chicago. I was a high school sideline reporter most of the time, but also covered some pro events, was a reporter on "Chicago Bears Community Huddle", and was the food and beverage correspondent for Comcast's entertainment show called "Primetime Chicago".

Will share two specific ones - first was when a couple of us saw one of our buddies playing hoops on our house court outside, and he left his room unlocked. While he was playing, and could have looked into the window at any time and seen this, we systematically moved his entire room to the commons, right down to plugging his digital clock and microwave in. He went up to his room, found it empty, and came back down to the commons to see a handful of us had ordered pizza and were watching his TV in the room we set up exactly how it was upstairs. And the second memory would of course be when the house went to serenade my girlfriend at the time, Carrie, as house sweetheart. Carrie and I are now married."

**How do you stay involved with the Fraternity or keep in contact with brothers?**

"Social media makes it easy to keep in touch with brothers from U of I. Without a house now, we don't have a lot of opportunities to get together on campus in any organized fashion, but there's definitely still a group of us who connect semi-regularly, vacation, do family things together."

# Alumni Member Spotlight

**Eric Schmidt**

**Gamma Chapter, 1992 - University of Illinois**



**What advice would you give to our undergraduate members today? What advice would you give to potential new members considering joining a fraternity?**

"The advice I'd give to undergraduate members includes enjoying every minute. Like everyone before me who told me how fast it goes (and I ignored), I tell students the same (and they presumably ignore me!). In addition, someday you'll realize how much the college experience, especially in a fraternity, shapes your professional world.

Being in tight quarters with people who have different backgrounds and opinions helps you learn to get along and compromise with many types of folks. You're not going to like everyone you work with and for, just like in college, so this is a training ground for getting better at being a decent human being. As for potential members considering a fraternity, find a group of guys you have some common interests with and then expand that group to see what the rest of the organization is like. If you can find a house that fits your values at least, it's going to be a great experience. I was lucky that this organization was AKL."

**Why AKL? Feel free to answer this question however you interpret it, or answer the following: "Why did you join AKL? Why should others join AKL? Why is AKL special or important?"**

"As an undergrad, I probably didn't have a firm grasp on what "binding for life" meant other than I'd "be" an AKL for the rest of my life. What it actually meant was the experiences we had as undergrads as members of AKL helped set us up for life...the lessons in the five ideals wound up being what "bound" us to our values as we got older.

These are skills that aren't learned in a classroom, but rather as a group of men who work together for a common good, in order to make themselves better sons and brothers, and someday maybe fathers themselves. I think AKL gave me a unique experience to get those skills through the mission and values of the organization, and the alumni mentoring. Hopefully most of our alums feel the same way!"

Ironically with all my sports work, I received my one and only Emmy Award for that show (plus two additional nominations for my sports work). While freelancing, I moved into not-for-profit work...first in healthcare, then running the charitable events for the 2012 Ryder Cup, and then running the charity for Illinois' Department of Natural Resources. About eight years ago I got out of the "real world" and opened a craft beer retail shop with my wife, called "Orange & Brew" in Downers Grove, IL. As you can guess, we're an Illini bar and we're an official alumni association game-watch spot. We're very proud to have been named to Craft Beer & Brewing's "Top Ten Craft Beer Bars in the World" for the past two years."



## Undergraduate Chapters Activities & Accomplishments



Top Left- Alpha Phi, University of Idaho, enjoying Parents' Weekend on campus.

Top Right- Gamma Sigma, Old Dominion, celebrating their new members for the Fall 2024 semester.

Bottom Left- Delta, Kansas, being recognized by Special Olympics Kansas as Organization of the Year in the KC Metro Region.

Bottom Right- Kappa, Purdue, having a fun evening with the new members of Fall 2024 semester.





## Undergraduate Chapters Activities & Accomplishments



*Top Left- Beta Tau, SIUE, at a paintball brotherhood event.*

*Middle Left- The best time of the year as Sigma, UCM, gather together and host Secret Santa.*

*Middle Right- Gamma Delta, Montevallo, enjoying intramurals together, during the Fall 2024 semester.*

*Bottom Left- Fall Formal as Alpha Omicron, Colorado, take to the slopes in Winter Park.*

*Bottom Right- A busy Fall semester as Gamma Pi, UConn, celebrates their new members joining the brotherhood.*



## Membership Referrals

### *Looking for Future Members of Alpha Kappa Lambda*

#### Alumni Member Referrals

Do you know a college man that should be wearing our letters? Tell us about them!

Your referral could help a current chapter or help start a new chapter. Send us your recommendations. It's simple. Just email the National Office at [info@akl.org](mailto:info@akl.org) with the following information: recruit's name, contact information, school they are attending and how you know them. Staff will do the rest.

Who you should consider: friends, neighbors, sons, grandsons, high school classmates, church connections and so on. Their age range should be high school seniors and men any year in college.

If they attend a campus we have a chapter at we will connect them with that group. If it is a campus we currently aren't on we will see if they want to help us start one. Every lead is an opportunity.

Again it is simple. Just email the Fraternity at [info@akl.org](mailto:info@akl.org). This is one of the easiest yet most beneficial ways you can help Alpha Kappa Lambda.



#### Undergraduate Member Referrals

- Identify a Potential Member
- Submit a Referral
- Earn Membership Rewards & Incentives
  - 1 Referral & Signed Member Rewards & Incentives:
    - Membership Dues Credit
  - 2 Referrals & Signed Members Rewards & Incentives:
    - National Recognition
  - 3 Referrals & Signed Members Rewards & Incentives:
    - Additional Membership Dues Credit
  - 5 Referrals & Signed Members Rewards & Incentives:
    - AKL Merchandise Package

## Omega Chapter

“My Brothers and friends, we are assembled to remember those once among us who have received their calling from on high and passed into the eternal Omega Chapter of the Fraternity of Alpha Kappa Lambda.

This is at once a time of sorrow at the loss we have all sustained, and the celebration of the many happy memories we will hold dear forever.

The fraternal tie that binds is a lasting bond; yet a place once filled among us is now empty; a voice once known to us is now silent; the form we grew to know, and welcome will no longer be seen by us in this life. Yet, these Brothers are alive in the hearts and the memories of us all and will ever be held dear in the ‘halls of AKL.’

It is fitting that we here pause and reflect upon the transience of life and remember those who have come and gone before us.

And we answer for every Brother named, ‘Present’ for though we can no longer grasp their hands in friendship nor look them in the eye, they are seen and heard with the eyes and ears of faith... the faith that someday we will meet again.”

- From the Omega Chapter Ceremony

***“The fraternal tie that binds is a lasting bond; yet, a place once filled among us is now empty.”***

### **Alpha Chapter**

*University of California- Berkeley*  
Harold Dahlmeier, 1948

### **Delta Chapter**

*University of Kansas*  
Alec Hite, 2014

### **Gamma Chapter**

*University of Illinois*  
James Needham, 1952  
William Zartman, 1953

### **Kappa Chapter**

*Purdue University*  
Richard Griese, 1968

### **Phi Chapter**

*Oregon State University*  
Lloyd Gooding, 1962

### **Rho Chapter**

*Eastern Illinois University*  
Dwight Storm, 1957

### **Tau Chapter**

*Penn. State University*  
Ronald Lewis, 1972

These members have been reported to the Fraternity of Alpha Kappa Lambda's National Headquarters since InsideAKL's last issue.

***“Yet, these Brothers are alive in the hearts and the memories of us all and will ever be held dear in the ‘halls of AKL.’ It is fitting that we here pause and reflect upon the transience of life and remember those who have come and gone before us.”***



## 2025 Clark-Thompson Presidents' Academy & Officers' Institute Registration Now Open

The Fraternity of Alpha Kappa Lambda is excited that the 2025 Clark - Thompson Presidents' Academy, Officers' Institute, and Emerging Leaders Initiative is rapidly approaching! For newly elected officers and members, you should be signed up to attend this annual leadership training.

The Fraternity of Alpha Kappa Lambda proudly provides annual training for incoming chapter presidents and officers every January. The Clark-Thompson Presidents' Academy is generously supported via a grant from the AKL Education Foundation. In 2007, the Mu Chapter Alumni Corporation decided to graciously support the AKL Education Foundation and this program specifically through an endowment in honor of two of their alumni, Dean Clark and Harry Thompson.

The Officers' Institute was added in 2014 to train and develop effective leaders in the chapter with Chapter Presidents. Chapter Treasurers, Recruitment Chairs, Vice Presidents, and Risk Managers are all invited to attend with specific programming for each officer's training. Additionally, the Fraternity is thrilled to host our annual Emerging Leaders Initiative alongside the 2025 Officers' Institute! The Emerging Leaders Initiative is geared toward the Fraternity's most motivated members who are looking to take on leadership within their chapter, on campus, or in the larger community. This leadership development training program focuses on each participant's strengths as a leader and how to leverage those to be a leader and teammate while developing professional development skills.

### Who?

All newly elected Chapter Presidents are required to attend. Chapter Treasurers, Recruitment Chairs, Vice Presidents, Risk Managers, and Emerging Leaders are encouraged to attend.

### When?

January 24 - 26, 2025

### Where?

Carmel, Indiana  
Renaissance Indianapolis  
North Hotel

[Click to Learn More](#)  
**2025 Clark-Thompson  
Presidents' Academy,  
Officers' Institute, &  
Emerging Leaders Initiative**

# 2025 Clark-Thompson Presidents' Academy & Officers' Institute Registration Now Open

*How can Alpha Kappa Lambda alumni support undergraduate members attending national events, programs, and training?*

Helping undergraduate members attend national events, programs, and training is a great way to support each chapter. AKL National Headquarters encourages alumni to donate in various way to the fraternity or individual chapter you wish to support. Any donation given to the AKL Education Foundation is considered a tax-deductible gift.

## National Events, Programs, and Training

As needs change for our undergraduate chapters, National Headquarters staff is working on updating current trainings and creating new education for all undergraduate members. Supporting the cost of supplies, materials, or other needs for our national events will help our undergraduate members receive the very best quality training without the need to increase cost.

- Donate to the AKL Education Foundation to sponsor one or more of our national events and training. This will also count as a tax-deductible gift.
  - National Conclave: AKL's largest brotherhood event, this biennial event oversees national fraternity business, education, and tradition.
  - Clark-Thompson Presidents' Academy and Officers' Institute : Annual national event in Carmel, Indiana for chapter leaders.
  - Emerging Leaders Initiative: Weekend long program taking place alongside the Clark-Thompson Presidents' Academy and Officers' Institute. Created to help members of each chapter learn about their individual leadership skills, strategies for working within teams, and develop the foundation of professional skills needed on campus and in the workforce.

## Travel

Travel cost is sometimes the biggest barrier to undergraduate members attending any national event or training. Travel cost cannot be covered by the AKL Educational Foundation but your donation can support travel cost in a couple different ways.

- Airline Miles & Rewards: Are you a frequent flyer? Your airline miles can be donated to support the travel of one or more undergraduate members attending national events.
- Vehicle Rental: Not all members have access to a reliable vehicle to drive to national events. Supporting a chapter by taking care of the cost of a rental vehicle is a great way to ensure safe travel to and from events.

## Registration

Registration cost is another barrier to chapters being able to send the maximum number of members to a national event. The AKL Educational Foundation is generous and capable of keeping costs as low as possible for our undergraduate members but there is still a registration fee. Donations to the AKL Education Foundation will be able to sponsor one or more members' registration fees. This will count as a tax-deductible gift.

*If you would like to donate to support a member's registration cost or programming, **Donate Here**, and give to "Leadership Programs & Training."*

*If you would like to share your travel or airline rewards, please reach out via email to [info@AKL.org](mailto:info@AKL.org) or call the National Headquarters at (317) 564-8003*

# Health & Safety

## *Decompressing During the Holidays*

We know that the news these days might be stressful and anxiety-provoking. While stress isn't always a bad thing, it can sometimes reach an unhealthy level that interferes with our work, school, relationships, and even our ability to enjoy life. If that's the case, it's time to take action. Remember to take care of yourself and those around you, and to be on the lookout for signs of distress including:

- Not sleeping enough or sleeping too much
- Loss of appetite or eating too much
- Experiencing more headaches, muscle aches/tightness, more frequent colds and minor illnesses
- Needing to take deep breaths and feeling slightly light-headed when you think about everything you need to get done or about a situation you can't control
- Frequently irritable, frustrated, angry, impatient and/or anxious
- Difficulty concentrating and therefore not able to get things done as effectively or as easily as usual
- Feeling overwhelming stress and pressure for more than a few days

### **Self Care:**

It's always important to prioritize your emotional health and well-being. Remember to take time for yourself. Make sure to get enough exercise, nutrition, and sleep. Try to keep things in perspective. If you're feeling stressed, try some Press Pause techniques:

- *Breathing Exercises*
- *Perspective Checks*
- *Movement*

### **Caring for Others:**

During this stressful time, be on the lookout for others. In caring for a friend or loved one, here's what you can do:

- Let them know you are concerned: Tell them what you have noticed and why it worries you.
- Listen (really, listen):
  - Try to avoid judgment or jumping to conclusions
  - Be there for them – sometimes just knowing that someone cares and is there for them is all someone needs to get through a difficult time
- Don't feel like you have to have all of the answers:
  - Help them out with things that might relieve their anxiety
  - Find a relaxation/meditation app that you like and share it with your friend
  - If it's too much for you to handle, offer to help connect them with professional help
  -

You can learn more at [jedfoundation.org/help](https://jedfoundation.org/help).

# Volunteer & Advising Opportunities

## *Staying Involved as an Alumni Member*

Alpha Kappa Lambda understands how vital our alumni and volunteers are to the success of a chapter. There are several different ways to volunteer with the Fraternity. If you are not currently a volunteer but want to get involved with a chapter or during an upcoming expansion, more information can be found by clicking: [Volunteer & Advising Roles](#)

### **Chapter Advisor**

This person would spend the most time with the members, attending meetings when possible, and providing guidance as needed.

### **Remote/Virtual Advisor**

Want to help but not local to a chapter? This person would help with achieving chapter goals, oversight, and providing guidance as needed.

### **Chapter Officer Mentor**

Anyone is suited for this role that enjoys working with students. This person can assist with as many members as they see fit for their schedule.

### **Chapter Advisory Board**

A Chapter Advisory Board is comprised of volunteers and advisors that can support and work in conjunction with the Chapter Advisor.

### **Housing Corporation Board**

If already in a house, or planning to be housed, as Housing Corporation Board must be established separately from the Chapter Advisory Board.

### **Parents' Club**

Any interested parents can form a Parents' Club to support the chapter through special activities such as "Mom, Dad, or Parents' Weekend."

## Volunteer & Advising Positions Available

- Xi, Truman State
  - Local Chapter Advisor
  - Remote/Virtual Advisor
- Chi, PennWest- Cal
  - Local Chapter Advisor
  - Remote/Virtual Advisor
- Alpha Omicron, Colorado
  - Local Chapter Advisor
- Alpha Rho, UTEP
  - Local Chapter Advisor
  - Remote/Virtual Advisor
- Gamma Alpha, Missouri
  - Local Chapter Advisor
  - Remote/Virtual Advisor
- Gamma Beta, Alabama
  - Housing Corporation Board
- Gamma Lambda, Temple
  - Local Chapter Advisor
- Gamma Omicron, Dalton State
  - Local Chapter Advisor
  - Remote/Virtual Advisor
- Gamma Rho, Arizona State
  - Local Chapter Advisor
  - Remote/Virtual Advisor
- Gamma Sigma, Old Dominion
  - Local Chapter Advisor
  - Remote/Virtual Advisor



# Membership Education & Training

## Chapter Officer, Boards, & Committee Chair Training Modules

The Fraternity of Alpha Kappa Lambda offers a comprehensive education curriculum designed to empower fraternity leaders through targeted officer and committee chair training. These programs equip fraternity officers with the essential skills and knowledge needed to excel in their roles, fostering effective leadership, organizational management, and interpersonal communication. These programs cover topics such as event planning, risk management, conflict resolution, and community engagement and strengthen individual leadership capabilities but also promote a culture of responsibility and accountability within the fraternity.

### Chapter Officer Training

- President
- Vice-President
- Treasurer
- Secretary
- Recruitment Chair

### Board Training

- Executive Board
- Judicial Board

### Chairperson/Committee Chair Training

- Fraternity Educator
- Chaplain/Initiation & Ritual Chair
- Risk Manager
- Judicial Board Chair
- Scholarship Chair
- Social Chair
- Brotherhood Engagement Chair
- Alumni Engagement Chair
- Philanthropy & Community Service Chair
- Mental Health & Wellness Chair
- Social Media/Public Relations Chair
- Fundraising Chair
- Intramurals Chair
- IFC Representative
- Greek Week/Homecoming Chair
- House Manager

## Educational Opportunity Spotlight

### *“Name Your Story” Mental Health Education*

By completing the “Name Your Story” Mental Health Education course, members will become aware of the most common mental health disorders diagnosed among college students including depression, anxiety, suicide, and related risk behaviors involving alcohol, illicit drugs, and non-medical use of prescription drugs. Members will be educated as to how to ask for help if they are concerned about their thoughts or behaviors or are concerned for a brother or friend. Through professional presentations and group discussions, AKL members recognize the importance of eliminating the stigma associated with seeking help with mental health issues.

The Fraternity of  
Alpha Kappa Lambda  
Online Education, Training, & Resources

**“Name Your Story”**

Mental Health  
Education

## Active Alpha Kappa Lambda Chapters

Delta - University of Kansas  
Kappa - Purdue University  
Xi - Truman State University  
Sigma - University of Central Missouri  
Tau - Pennsylvania State University  
Chi - Pennsylvania Western University- California  
Psi - Iowa State University  
Alpha Zeta - Northwest Missouri State University  
Alpha Omicron - University of Colorado Boulder  
Alpha Rho - University of Texas- El Paso  
Alpha Phi - University of Idaho  
Beta Tau - Southern Illinois University Edwardsville  
Gamma Alpha - University of Missouri  
Gamma Beta - University of Alabama  
Gamma Delta - University of Montevallo  
Gamma Lambda - Temple University  
Gamma Omicron - Dalton State College  
Gamma Pi - University of Connecticut  
Gamma Rho - Arizona State University  
Gamma Sigma - Old Dominion University  
Gamma Tau - Indiana University  
Provisional Chapter - University of Mississippi

## Fraternity Growth & Recruitment

Every member of Alpha Kappa Lambda must be committed to recruitment for any organization to grow sustainably. Fraternity recruitment should not be the sole responsibility of the Executive Board or Recruitment Chair.

Every year, the National Fraternity sets Recruitment Minimum Targets for each AKL chapter. These minimums are based on campus size, past recruitment results, and input from chapter leadership. The following chart is the 24 - 25 academic year recruitment minimums and results following the Fall semester.

# THE FRATERNITY OF ALPHA KAPPA LAMBDA - INSIDE AKL

Chapter	Institution	Fall Minimum Target	Spring Minimum Target	Total Minimum Target	Fall Recruited	Spring Recruited	Total Recruited
Delta	Kansas	28	12	40	39	0	39
Kappa	Purdue	20	10	30	13	0	13
Xi	Truman State	4	4	8	1	0	1
Sigma	UCMO	12	3	15	12	0	12
Tau	Penn. State	5	10	15	6	0	0
Chi	PennWest-Cal	4	8	12	13	0	0
Psi	Iowa State	6	6	12	0	0	0
Alpha Zeta	NWMSU	14	4	18	11	0	11
Alpha Omicron	Colorado	16	4	20	4	0	0
Alpha Rho	UTEP	8	7	15	8	0	0
Alpha Phi	Idaho	15	5	20	4	0	4
Beta Tau	SIU-E	20	5	25	24	0	23
Gamma Alpha	Missouri	14	6	20	6	0	6
Gamma Beta	Alabama	42	3	45	35	0	34
Gamma Delta	Montevallo	11	3	14	10	0	8
Gamma Lambda	Temple	5	10	15	0	0	0
Gamma Omicron	Dalton State	7	3	10	5	0	5
Gamma Pi	UConn	25	15	40	19	0	18
Gamma Rho	Arizona State	18	12	30	15	0	15
Gamma Sigma	Old Dominion	8	4	12	9	0	9
Gamma Tau	Indiana	35	15	50	27	0	22
Ole Miss PC	Mississippi	5	10	15	0	0	0
	<b>Totals</b>	<b>322</b>	<b>159</b>	<b>481</b>	<b>261</b>	<b>0</b>	<b>261</b>

# National Dues, Fees, and Insurance

## Fall 2024 Semester

**\$255.00**

per member, plus local dues

## Spring 2025 Semester

**\$295.00**

per member, plus local dues

## New Member '24 - '25

**\$455.00**

New Member, plus local dues

National Membership Dues

\$125.00

Insurance

\$130.00

National Membership Dues

\$125.00

Insurance

\$130.00

Educational Programming Fee

\$40.00

National Membership Entry

Fee

\$330.00

National Membership Dues

\$125.00

### National Membership Entry Fee

This one-time National Membership Entry Fee is assessed when joining the Fraternity of Alpha Kappa Lambda. This must be paid in full along with the National Membership Dues within 30 days of signing. While individual new members are responsible for paying their balance, the chapter is responsible for making sure the National Membership Entry Fee and National Membership Dues are paid in full. If a member drops or is removed from the roster, the chapter is still responsible for making sure that individual pays, otherwise it is the responsibility of the chapter.

### National Membership Dues

The National Membership Dues are billed twice a year and must be collected from every enrolled man on the roster. Billing occurs every August and January. The National Membership Dues must be paid along with the Insurance within 30 days of the start of the semester.

### Insurance

Insurance is billed twice a year and must be collected from every enrolled man on the roster. Billing occurs every August and January. The Insurance must be paid along with National Membership Dues within 30 days of the start of the semester.

### Educational Programming Fee

Previously called the Meetings Fee, the Educational Programming Fee is billed once a year and must be collected from every enrolled man on the roster. Billing occurs every January. The Educational Programming Fee must be paid along with the National Membership Dues & Insurance within 30 days of the start of the semester.

### OmegaFi/Accounting Fee

The OmegaFi/Accounting Fee is billed twice a year and must be collected from every enrolled man on the roster. This fee is collected from every member to pay for the OmegaFi services provided to every Alpha Kappa Lambda chapter.

### Chapter/Local Dues

Every chapter must charge Chapter/Local Dues to pay for their events and activities.



## Alumni Updates and Upcoming Gatherings

### Official Creed of Alpha Kappa Lambda

I believe in the Five Ideals of Alpha Kappa Lambda fraternity and subscribe to an emphasis on Judeo-Christian Principles, Leadership, Scholarship, Loyalty, and Self-Support.

I believe in brotherhood as friendship of the highest calling.

I accept membership in Alpha Kappa Lambda as affiliation that is binding for life.

I pledge myself to treat others as I would have them treat me.

I shall respect the opinion of others.

I shall commit myself to a style of membership in Alpha Kappa Lambda that is an educationally and socially maturing process. The goal of this process is achieving a wholeness of manhood that is prepared to assume leadership responsibilities in fulfilling the obligations of life.



UPDATE

YOUR  
INFORMATION



AKA

Don't forget to update your contact information with the National Fraternity!

**Don't miss out on the latest Alpha Kappa Lambda news! Update your contact information and stay in touch with the National Fraternity!**

*[Click to Update Your Information](#)*

FOLLOW US

Stay informed with updates from the National Fraternity as well as news from other chapters across the country!



@AKLFraternity

**Stay informed and follow AKL on all social media platforms, Facebook, X/Twitter, Instagram, and LinkedIn.**



Our fraternity has thrived over the years due to the dedication and support of alumni members. As we strive to uphold the values that define us, we recognize the importance of financial contributions in sustaining and enhancing the fraternity experience for current and future generations.

Your generosity has the power to make a lasting impact on the educational, leadership, and brotherhood opportunities we provide to our members. Whether it's supporting scholarship programs or funding leadership development initiatives, every donation plays a crucial role in fortifying the foundation upon which our fraternity stands.

To learn more about the specific areas where your support can make a difference, please visit the [\*AKL Education Foundation\*](#) website.

**[Make a Donation](#)**  
**[to the](#)**  
**[AKL Education Foundation](#)**

**Create Academic Success**

Expand and endow our academic scholarship program. We cannot teach and provide young men with the AKL experience if they can't afford to attend college.

**Develop Our Chapters**

Instill our values and fortify and strengthen the young men in every chapter across the United States.

**Flexibility for the Future**

To adjust to whatever challenge may come our way, we must be nimble enough to react to the needs of today's generation and tomorrow's.

## Alpha Kappa Lambda - Founders Rock Wine



Toast to 2025 with Founders Rock Napa Valley and “Strength & Victory Sparkling Brut”. Celebrate the holiday season and your last chance to stock up for everyone on your list with Founders Rock Napa Valley, Alpha Kappa Lambda’s official wine brand! Each holiday gift includes a 3D wooden card that is customizable with your gift message.

Click here to buy today:

**[Founders Rock Wine](#)**

This Personalized Christmas Stocking & Sip package will be a classic addition to any home's traditional décor, and it's a gift that will last a lifetime. Enjoy this with a bottle of limited-production Napa Valley wine. Complimentary options to enhance the stocking with a fun image like a pet paw, snowflake, tiara, baseball, basketball, and more. This gift is a sweet gesture that's sure to make someone smile.



Click here to buy today:

**[Founders Rock Wine](#)**

AKA  
IN  
SIDE