

INSIDE AKL

SPRING EDITION - 2025

Alpha Kappa Lambda Founders' Day Challenge

On April 22, Alpha Kappa Lambda and our chapters across the country will celebrate Founder's Day. It feels like we have more to celebrate with each passing Founder's Day.

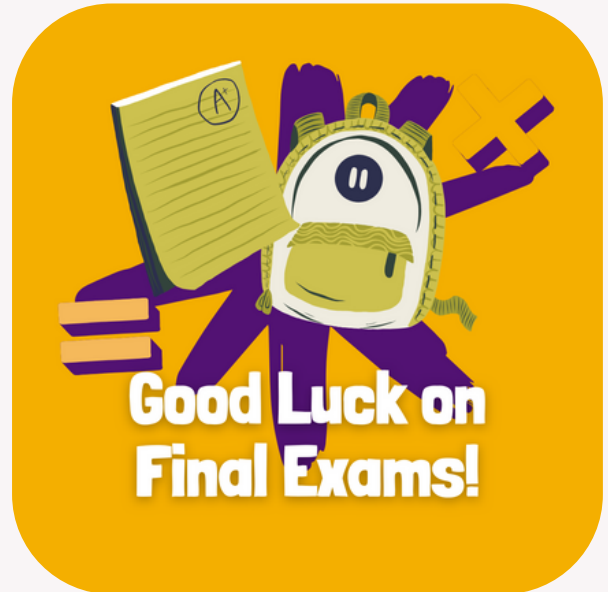
This year, we want to highlight the success of the Clark-Thompson Presidents' & Officers Academy, which is partially funded by the AKL Education Foundation and its generous contributors.

This is a fantastic opportunity for us to come together and boost a fund that supports all our chapters and younger brothers. What better way to share our Loyalty to Alpha Kappa Lambda than with a friendly competition? Please send in your gift to the AKL Education Foundation as soon as possible so we can properly recognize your chapter leading up to April 22.

The Education Foundation plays a crucial role in teaching our brothers Scholarship and Leadership while giving them the support they need to find success. We hope you can celebrate Founder's Day with your chapter and fellow brothers soon!

[CLICK TO DONATE
AKL.ORG/FOUNDERSDAYCHALLENGE](https://AKL.ORG/FOUNDERSDAYCHALLENGE)

Good Luck On Final Exams from Alpha Kappa Lambda



As the semester draws to a close, we want to take a moment to wish all of our brothers in Alpha Kappa Lambda the very best of luck on your final exams. This is the time to show the results of all your hard work, dedication, and focus over the past few months. We know you've got what it takes to finish strong!

Remember to take care of yourselves during this stressful time—get plenty of rest, stay hydrated, and don't be afraid to lean on your brothers for support. One of the greatest strengths of this fraternity is the brotherhood we share!

INSIDEAKL

InsideAKL is the official newsletter of the Fraternity of Alpha Kappa Lambda. Undergraduate and alumni members, family, and friends are encouraged to submit news, articles, and photographs of chapter events, philanthropic and service projects, as well as other events and achievements.

Creative Director & Editor

Jeff Szumanski
Gamma Iota, EMU

Editor & Contributing Writer

Jeremy Slivinski
Beta Nu, VCU

Find us on Social Media

@AKLFraternity

[Facebook](#)

[X, formerly Twitter](#)

[Instagram](#)

[LinkedIn](#)

Contact Us

Alpha Kappa Lambda
354 Gradle Drive
Carmel, IN 46032
(317) 564-8003
www.AKL.org
info@akl.org

Mission Statement

Develop brothers who, guided by the Five Ideals, share a lifelong commitment to AKL and are dedicated to assuming leadership roles in meeting the challenges of life.

Vision Statement

To be the premier collegiate experience leading to lifelong brotherhood.

Alpha Kappa Lambda Statistics

Living Alumni Worldwide
27,000+

Undergraduate Members
950+

Active Chapters
22



From the Desk of the Executive Director

Brothers,

Recently, a severe storm swept through Indianapolis and our home city of Carmel, just to the north. A tornado warning was issued for the evening, and I found myself in my basement, watching the news as they tracked a possible tornado. My heart sank as the projected path appeared to go directly over the National Headquarters.

Moments later, my phone lit up with alerts—motion sensors inside the office were being triggered. Then, everything went silent. Our security system and camera feeds went completely dark. A pit formed in my stomach as I considered what might be lost if the building had taken a direct hit: over 114 years of Fraternity archives, including irreplaceable photos, memorabilia, and historical documents.

I had no way of knowing what had happened until about an hour later, when it was finally safe to drive over and check. By some small miracle, the office had been spared—missed by roughly 100 yards. While nearby buildings sustained significant damage, ours was largely untouched, save for a few fallen tree branches.

This close call was a sobering reminder of how easy it is to take our history for granted—not just the recorded history of Alpha Kappa Lambda, but the stories and achievements of our brothers across generations. It's often not until something is nearly lost that we truly appreciate its value.

With that in mind, the Fraternity is renewing its focus on reviewing and preserving our archives, membership database, and other historical materials. If you have something noteworthy to share—photos, documents, memorabilia—or simply a story that deserves to be remembered, we'd love to hear from you. Please email us at info@akl.org and let us know what you have. Your contributions will be reviewed by a newly forming committee dedicated to our Archives and History.

If you're interested in volunteering your time to help with this important work, we welcome your involvement.

Fraternally,



Jeremy Slivinski, Alpha Kappa Lambda
Executive Director & Chief Executive Officer

Fraternity Men Are Twice As Likely To Have Experienced Accountability Training

In Fall 2022, the North American Interfraternity Conference (NIC) engaged in a study with a goal of better understanding the perspectives, knowledge, and experiences of undergraduate men related to peer accountability. The ideal outcome of this research is to gain greater awareness of how undergraduate men understand and engage in behaviors related to peer-to-peer accountability, especially how they develop competence and motivation to engage in peer accountability-related behaviors.

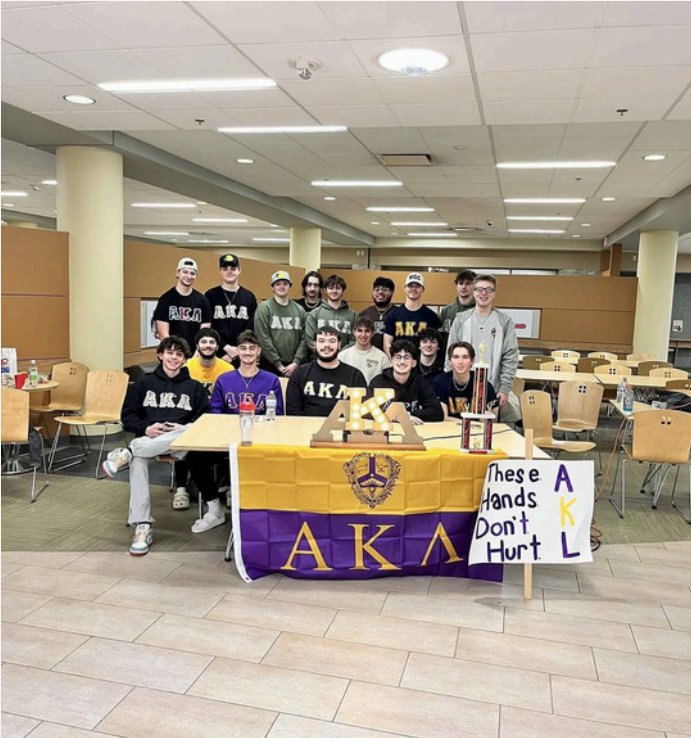
In an examination of undergraduate student perspectives and experiences related to peer accountability and intervention, the following primary themes emerged in this study:

- Fraternity members report higher levels of reported understanding of how to practice accountability and the role intervention plays in accountability.
- Fraternity members report higher levels of comfort and confidence in regards to practicing peer accountability.
- A greater portion of students who identified as fraternity members reported prior experiences in engaging in peer accountability behaviors compared to unaffiliated undergraduate men, especially in regards to providing accountability related to academics, hazing, alcohol or substance misuse, campus policy violation, professional goals, and when friends are engaging in an unsafe manner.
- Over half (57%) of students who identified as fraternity members indicated participating in a training or educational experience related to peer accountability or intervention. Of those fraternity members who have received, most received training from their college/university (74%) and their fraternity (78%).
- There were subtle, not notable differences between the cited barriers/challenges cited by respondents based on their fraternity affiliation. After fear of the friendship ending as their top barrier, fraternity members identified issues such as involvement of campus administration, getting in trouble with law enforcement or the university, or having their organization closed as the next most challenging issue to practicing accountability.
- Regarding motivation to engage in peer accountability, fraternity members and their unaffiliated peers did not differ drastically. One area of note is that nearly two-thirds (65%) of fraternity members in the study reported being greatly motivated by protecting the club/organization they are a part of to engage in accountability compared to 37% of unaffiliated peers who felt similarly.
- Fraternity members report a greater sense of belonging and feeling of being a valued member of their campus community than their unaffiliated peers. They also cite a greater responsibility to support the personal and professional growth of their friends/peers.



Shared from "Prepared by Plaid, LLC. for the North American Interfraternity Conference"

Undergraduate Chapters Activities & Accomplishments



Top Left- Recruitment never stops as the men of Chi, PennWest California, are on campus tabling.



Top Right- Gamma Pi, UConn, participating in Huskython and supporting Connecticut Children's Hospital, raising over \$26,000!

Bottom Left- Gamma Rho, Arizona State, winning Alpha Delta Pi Philanthropy Week supporting Ronald Mconald House Charities.

Bottom Right- Laser Tag Night as Beta Tau, SIU-E, paired up with the women of Alpha Phi.



Undergraduate Chapters Activities & Accomplishments



Top Left- Alpha Zeta, NWMSU, turned their house into a mini-golf course for themselves and the women of Phi Mu.

Middle Left- Brothers at Gamma Beta, Alabama, who earned Fall 2024 honors, got to tour Bryant Denny Stadium!

Middle Right- Delta, Kansas, helping out Lawrence Parks and Rec at the Big Event KU.

Bottom Left- Movies Night, Burgers, and S'mores at Gamma Delta, Montevallo with the women of Delta Gamma.

Bottom Right- A celebration of academic excellence at Alpha Phi, Idaho, at their annual scholarship dinner.



Omega Chapter

"My Brothers and friends, we are assembled to remember those once among us who have received their calling from on high and passed into the eternal Omega Chapter of the Fraternity of Alpha Kappa Lambda.

This is at once a time of sorrow at the loss we have all sustained, and the celebration of the many happy memories we will hold dear forever.

The fraternal tie that binds is a lasting bond; yet a place once filled among us is now empty; a voice once known to us is now silent; the form we grew to know, and welcome will no longer be seen by us in this life. Yet, these Brothers are alive in the hearts and the memories of us all and will ever be held dear in the 'halls of AKL.'

It is fitting that we here pause and reflect upon the transience of life and remember those who have come and gone before us.

And we answer for every Brother named, 'Present' for though we can no longer grasp their hands in friendship nor look them in the eye, they are seen and heard with the eyes and ears of faith... the faith that someday we will meet again."

- From the Omega Chapter Ceremony

"The fraternal tie that binds is a lasting bond; yet, a place once filled among us is now empty."

Delta Chapter

University of Kansas
Andrew McDonald, 2023

Tau Chapter

Penn. State University
Thomas Nedrow, 1961

Upsilon Chapter

University of Northern Colorado
Alexander Nassif, 2005

Phi Chapter

Oregon State University
Carl Fischer, 1965

Alpha Zeta Chapter

Northwest Missouri State University
Curtis Van Veldhuizen, 1975

Alpha Rho Chapter

University of Texas- El Paso
Isaiah Ramirez, 2023

Alpha Phi Chapter

University of Idaho
Michael Bowe, 1974
Scott Cochrane, 1974
Travis Dickson, 2000

Gamma Iota Chapter

Eastern Michigan University
Scott Twigg, 2006

Gamma Tau Chapter

Indiana University
Marshall Gantt, 2019

These members have been reported to the Fraternity of Alpha Kappa Lambda's National Headquarters since InsideAKL's last issue.

"Yet, these Brothers are alive in the hearts and the memories of us all and will ever be held dear in the 'halls of AKL.' It is fitting that we here pause and reflect upon the transience of life and remember those who have come and gone before us."

Health & Safety

Keeping A Clear Head During Final Exams

Final exams can be one of the most stressful parts of the academic year, but with the right mindset and a few solid strategies, you can walk into the testing room with confidence. Whether it's your first semester or your last, here are some practical tips to help you finish the term strong:

Make a Game Plan

Don't wait until the night before to start studying. Take a look at your exam schedule and map out a study plan for the days leading up to each test. Prioritize the classes you feel less confident in, and break up large topics into manageable chunks. Having a clear plan keeps you from feeling overwhelmed and helps you stay on track.

Pro tip: Use a planner or calendar to block out specific study times. Treat these like appointments you can't miss.

Find Your Study Style

Not everyone studies the same way. Some people learn best by reading, others by teaching the material out loud, and some by writing everything down. Figure out what works best for you and lean into it. Mix up your methods too—flashcards, practice tests, group study sessions, or even teaching a concept to a friend can all reinforce your learning.

Create the Right Environment

Find a study space that helps you focus. Whether it's the library, a quiet room, or a corner in your favorite coffee shop, minimize distractions and keep your phone out of reach. If you're studying in the chapter house, make sure to be respectful of others who might be hitting the books, too. You can even set up a group study zone with brothers to motivate each other.

Take Care of Your Body and Mind

You can't perform your best if you're running on empty. Get enough sleep, drink plenty of water, and eat nutritious meals. Don't underestimate the power of short breaks either—stepping away for 10–15 minutes after an hour of studying can help your brain absorb more information. Also, check in on your mental health. Finals week can bring a lot of pressure, and it's okay to take a break or talk to someone if you're feeling overwhelmed.

Finals week is tough, but so are you. Trust your preparation, lean on your support system, and give it your all. And when it's all said and done, take time to relax and recharge—you've earned it. Good luck, and as always—Live with Purpose!

Membership Referrals

Looking for Future Members of Alpha Kappa Lambda

Alumni Member Referrals

Do you know a college man that should be wearing our letters? Tell us about them!

Your referral could help a current chapter or help start a new chapter. Send us your recommendations. It's simple. Just email the National Office at info@akl.org with the following information: recruit's name, contact information, school they are attending and how you know them. Staff will do the rest.

Who you should consider: friends, neighbors, sons, grandsons, high school classmates, church connections and so on. Their age range should be high school seniors and men any year in college.

If they attend a campus we have a chapter at we will connect them with that group. If it is a campus we currently aren't on we will see if they want to help us start one. Every lead is an opportunity.

Again it is simple. Just email the Fraternity at info@akl.org. This is one of the easiest yet most beneficial ways you can help Alpha Kappa Lambda.



Undergraduate Member Referrals

- Identify a Potential Member
- Submit a Referral
- Earn Membership Rewards & Incentives
 - 1 Referral & Signed Member Rewards & Incentives:
 - Membership Dues Credit
 - 2 Referrals & Signed Members Rewards & Incentives:
 - National Recognition
 - 3 Referrals & Signed Members Rewards & Incentives:
 - Additional Membership Dues Credit
 - 5 Referrals & Signed Members Rewards & Incentives:
 - AKL Merchandise Package

Volunteer & Advising Opportunities

Staying Involved as an Alumni Member

Alpha Kappa Lambda understands how vital our alumni and volunteers are to the success of a chapter. There are several different ways to volunteer with the Fraternity. If you are not currently a volunteer but want to get involved with a chapter or during an upcoming expansion, more information can be found by clicking: [Volunteer & Advising Roles](#)

Chapter Advisor

This person would spend the most time with the members, attending meetings when possible, and providing guidance as needed.

Remote/Virtual Advisor

Want to help but not local to a chapter? This person would help with achieving chapter goals, oversight, and providing guidance as needed.

Chapter Officer Mentor

Anyone is suited for this role that enjoys working with students. This person can assist with as many members as they see fit for their schedule.

Chapter Advisory Board

A Chapter Advisory Board is comprised of volunteers and advisors that can support and work in conjunction with the Chapter Advisor.

Housing Corporation Board

If already in a house, or planning to be housed, as Housing Corporation Board must be established separately from the Chapter Advisory Board.

Parents' Club

Any interested parents can form a Parents' Club to support the chapter through special activities such as "Mom, Dad, or Parents' Weekend."

Volunteer & Advising Positions Available

- Xi, Truman State
 - Local Chapter Advisor
 - Remote/Virtual Advisor
- Chi, PennWest- Cal
 - Local Chapter Advisor
 - Remote/Virtual Advisor
- Alpha Omicron, Colorado
 - Local Chapter Advisor
 - Remote/Virtual Advisor
- Alpha Rho, UTEP
 - Remote/Virtual Advisor
- Beta Tau, SIU-E
 - Local Chapter Advisor
 - Remote/Virtual Advisor
- Gamma Alpha, Missouri
 - Remote/Virtual Advisor
- Gamma Beta, Alabama
 - Housing Corporation Board
- Gamma Omicron, Dalton State
 - Local Chapter Advisor
 - Remote/Virtual Advisor
- Gamma Rho, Arizona State
 - Local Chapter Advisor
 - Remote/Virtual Advisor
- Gamma Sigma, Old Dominion
 - Local Chapter Advisor
 - Remote/Virtual Advisor

Membership Education & Training

Chapter Officer, Boards, & Committee Chair

Training Modules

The Fraternity of Alpha Kappa Lambda offers a comprehensive education curriculum designed to empower fraternity leaders through targeted officer and committee chair training. These programs equip fraternity officers with the essential skills and knowledge needed to excel in their roles, fostering effective leadership, organizational management, and interpersonal communication. These programs cover topics such as event planning, risk management, conflict resolution, and community engagement and strengthen individual leadership capabilities but also promote a culture of responsibility and accountability within the fraternity.

Chapter Officer Training

- President
- Vice-President
- Treasurer
- Secretary
- Recruitment Chair

Board Training

- Executive Board
- Judicial Board

Chairperson/Committee Chair Training

- Fraternity Educator
- Chaplain/Initiation & Ritual Chair
- Risk Manager
- Judicial Board Chair
- Scholarship Chair
- Social Chair
- Brotherhood Engagement Chair
- Alumni Engagement Chair
- Philanthropy & Community Service Chair
- Mental Health & Wellness Chair
- Social Media/Public Relations Chair
- Fundraising Chair
- Intramurals Chair
- IFC Representative
- Greek Week/Homecoming Chair
- House Manager

Educational Opportunity Spotlight

“Brothers in Action” Bystander Responsibility Education

“Brothers in Action” – Bystander Responsibility Education is a dynamic education program designed to instill a culture of proactive intervention and bystander responsibility within AKL chapters. This initiative equips participants with the knowledge, skills, and confidence to recognize and respond to various situations, such as bullying, harassment, and discrimination. Through program fosters a sense of collective responsibility, empowering individuals to step in and make a positive impact. By emphasizing the importance of active bystanders, the program creates a safer and more inclusive learning environment, cultivating a community where everyone plays a role in fostering respect, empathy, and support.”

The Fraternity of
Alpha Kappa Lambda
Online Education, Training, & Resources

“Brothers in Action”
Bystander Responsibility
Education

Active Alpha Kappa Lambda Chapters

Delta - University of Kansas
Kappa - Purdue University
Xi - Truman State University
Sigma - University of Central Missouri
Tau - Pennsylvania State University
Chi - Pennsylvania Western University- California
Psi - Iowa State University
Alpha Zeta - Northwest Missouri State University
Alpha Omicron - University of Colorado Boulder
Alpha Rho - University of Texas- El Paso
Alpha Phi - University of Idaho
Beta Tau - Southern Illinois University Edwardsville
Gamma Alpha - University of Missouri
Gamma Beta - University of Alabama
Gamma Delta - University of Montevallo
Gamma Lambda - Temple University
Gamma Omicron - Dalton State College
Gamma Pi - University of Connecticut
Gamma Rho - Arizona State University
Gamma Sigma - Old Dominion University
Gamma Tau - Indiana University
Provisional Chapter - University of Mississippi

Fraternity Growth & Recruitment

Every member of Alpha Kappa Lambda must be committed to recruitment for any organization to grow sustainably. Fraternity recruitment should not be the sole responsibility of the Executive Board or Recruitment Chair.

Every year, the National Fraternity sets Recruitment Minimum Targets for each AKL chapter. These minimums are based on campus size, past recruitment results, and input from chapter leadership. The following chart is the 24 - 25 academic year recruitment minimums and results following the Fall semester.

THE FRATERNITY OF ALPHA KAPPA LAMBDA - INSIDE AKL

Chapter	Institution	Fall Minimum Target	Spring Minimum Target	Total Minimum Target	Fall Recruited	Spring Recruited	Total Recruited
Delta	Kansas	28	12	40	39	7	46
Kappa	Purdue	20	10	30	13	8	21
Xi	Truman State	4	4	8	1	0	1
Sigma	UCMO	12	3	15	12	0	12
Tau	Penn. State	5	10	15	6	6	12
Chi	PennWest-Cal	4	8	12	13	3	16
Psi	Iowa State	6	6	12	0	0	0
Alpha Zeta	NWMSU	14	4	18	11	5	16
Alpha Omicron	Colorado	16	4	20	4	0	4
Alpha Rho	UTEP	8	7	15	8	3	11
Alpha Phi	Idaho	15	5	20	4	2	6
Beta Tau	SIU-E	20	5	25	24	7	31
Gamma Alpha	Missouri	14	6	20	6	1	7
Gamma Beta	Alabama	42	3	45	35	3	38
Gamma Delta	Montevallo	11	3	14	10	2	12
Gamma Lambda	Temple	5	10	15	0	0	0
Gamma Omicron	Dalton State	7	3	10	5	3	8
Gamma Pi	UConn	25	15	40	19	22	41
Gamma Rho	Arizona State	18	12	30	39	9	24
Gamma Sigma	Old Dominion	8	4	12	13	2	11
Gamma Tau	Indiana	35	15	50	27	20	47
Ole Miss PC	Mississippi	5	10	15	0	2	2
	Totals	322	159	481	261	105	366

Alumni Updates and Upcoming Gatherings

AKL St. Louis Area Founders' Day Gathering

Join your fellow Alpha Kappa Lambda alumni in the St. Louis area as we gather to celebrate AKL and Founders' Day. This event is open to any alumni and guests.

DATE: APRIL 25, 2025

TIME: 5:00 PM - 7:00 PM

PLACE: LLYELLEYS PUB
17 WEST MOODY,
WEBSTER GROVES, MO
(CASH BAR)

DRESS CODE: CASUAL

To RSVP or help plan this event, contact:
Bill Newhouse (Sigma, UCMO)
(314) 609 - 7030
BNewhouse@shelterinsurance.com
or
Chris Westmeyer (Gamma Alpha, Missouri)
(314) 324 - 9322
Chris@digitalstrike.com



Official Creed of Alpha Kappa Lambda

I believe in the Five Ideals of Alpha Kappa Lambda fraternity and subscribe to an emphasis on Judeo-Christian Principles, Leadership, Scholarship, Loyalty, and Self-Support.

I believe in brotherhood as friendship of the highest calling.

I accept membership in Alpha Kappa Lambda as affiliation that is binding for life.

I pledge myself to treat others as I would have them treat me.

I shall respect the opinion of others.

I shall commit myself to a style of membership in Alpha Kappa Lambda that is an educationally and socially maturing process. The goal of this process is achieving a wholeness of manhood that is prepared to assume leadership responsibilities in fulfilling the obligations of life.

UPDATE
YOUR
INFORMATION



AKA

Don't forget to update your contact information with the National Fraternity!

Don't miss out on the latest Alpha Kappa Lambda news!
Update your contact information and stay in touch with the National Fraternity!

[Click to Update Your Information](#)

FOLLOW US

Stay informed with updates from the National Fraternity as well as news from other chapters across the country!



@AKLFraternity

Stay informed and follow AKL on all social media platforms, Facebook, X/Twitter, Instagram, and LinkedIn.



Our fraternity has thrived over the years due to the dedication and support of alumni members. As we strive to uphold the values that define us, we recognize the importance of financial contributions in sustaining and enhancing the fraternity experience for current and future generations.

Your generosity has the power to make a lasting impact on the educational, leadership, and brotherhood opportunities we provide to our members. Whether it's supporting scholarship programs or funding leadership development initiatives, every donation plays a crucial role in fortifying the foundation upon which our fraternity stands.

To learn more about the specific areas where your support can make a difference, please visit the [*AKL Education Foundation*](#) website.

[Make a Donation](#)
[to the](#)
[AKL Education Foundation](#)

Create Academic Success

Expand and endow our academic scholarship program. We cannot teach and provide young men with the AKL experience if they can't afford to attend college.

Develop Our Chapters

Instill our values and fortify and strengthen the young men in every chapter across the United States.

Flexibility for the Future

To adjust to whatever challenge may come our way, we must be nimble enough to react to the needs of today's generation and tomorrow's.

Alpha Kappa Lambda - Founders Rock Wine



Graduation season is officially here, and we're excited to share our brand-new gift packages from Founders Rock Napa Valley, featuring a new 3D Wooden Graduation Card to help mark this special milestone.

Click here to buy today:
[Founders Rock Wine](#)

Congrats 2025 Grad!

(bottom photo)

Sip Sip Hooray 2025 Grad!

(top photo)

Cheers 2025 Grad!

(not pictured)

We're also offering a seasonal discount with the promo code below:

- Promo Code: GRAD2025
- Discount: 10% off all graduation packages



AKA

IN SIDE