

FROM THE EXECUTIVE DIRECTOR

Brothers,

April is National Sexual Assault Awareness month so it should be of no surprise we are highlighting "These Hands Don't Hurt" in this issue. THDH started in the mid 90's at our East Tennessee State Chapter (Beta Zeta) and was quickly adopted by the National Fraternity as one of our primary service projects. I remember participating in THDH on my campus as an undergraduate and how impactful it was for us as well as the campus in general. I would argue we were one of the first Fraternity's to take on the issue of Domestic Violence and Sexual Assault and we did so long before it was a hashtag on social media.

Recognizing a great program like this is a great bridge into providing a glimpse into new programs we will be launching very soon. As you may remember this past winter Alpha Kappa Lambda made a significant course change in our undergraduate operations by eliminating pledgeship. In doing so it opened up the question about and need for revamping what a "continuous education experience" looks like in our Fraternity. The answer to that will come this summer as we unveil our new program at Conclave. Currently we are working with higher education professionals, undergraduates and alumni in drafting this new program. It will be focused on our Five Ideals and emphasizing each one individually during different times of the year.

During those times programming in our chapters will be reflective of that Ideal. Also during those times we will be asking our alumni to share how they are currently living towards that Ideal. Examples would be sharing service/philanthropic experiences, highlighting leadership experiences, discussing post graduate education and so on. We hope that when this roles out that every alumni and undergraduate will be able to participate and/or share in the experience.

Fraternally,

Jeremy Slivinski,

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Fraternity of Alpha Kappa Lambda, Executive Director



WHO WE ARE

Inside AKL is a monthly, educational publication by the Fraternity of Alpha Kappa Lambda, for undergraduates and alumni. Brothers and friends are encouraged to submit news, articles and photographs of chapter events, philanthropy and service projects as well as other notable achievements. Correspondence can be submitted using the link below.

Online Event/Article Submission Form

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Statistics

Active Chapters & Colonies: 41 Undergraduates: 1,500+ Alumni: 25,000+

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These Hands Don't Hurt

Chapter Activities and Events

Alpha Kappa Lambda realizes that sexual assault is a serious problem on college campuses and believes that it can be fought through education, service, and philanthropic projects. These Hands Don't Hurt was established in 1996 and can be tailored to each chapter's ability and community needs.

Education and awareness are performed via a "Promise Wall." The promise wall is displayed prominently in a high traffic area of campus. Students, faculty, and members of the community are asked to add their "hand" to the Promise Wall. By placing their "hand" on the wall they make a promise that their hand will not be used to harm others.

Promise Walls might be free-standing walls, usually constructed by the chapter using plywood. Another option is a banner that is easier to transport and can be hung up at a chapter house or elsewhere on campus. Handprints can be added using acrylic paint, pro-tip use latex

gloves to make cleanup easier, or precut paper hands that participants can sign and add.

Sometimes donations are collected as a philanthropic effort alongside a Promise Wall. Perhaps asking for a minimum contribution of \$1 to add a hand to the wall. Money raised is then donated to a local shelter, campus crisis hotline, or another organization assisting survivors of sexual assault.

While philanthropy events donate money, service events provide time and hands-on volunteering for the same cause or organization. Contact different university offices to see what upcoming events your chapter could assist with. You'll most likely find events similar to These Hands Don't Hurt in April supporting Sexual Assault Awareness Month, or October for Domestic Abuse Awareness Month.

The following spreads showcases a few of the unique ways chapters have hosted their own These Hands Don't Hurt events this semester.



"The ODU Women's Center has been our partner for the event from year one, and helped the event grow over the years. It had become one of the longest and most successful philanthropy events on ODU's campus in the last four years."

-Alan Haber, Gamma Sigma



"These hands don't hurt hits close to home for me. One of the most important people in my life has been impacted by sexual violence. THDH and our No More campaign have been easy to get behind and something I can passionately promote."

-Wyatt Williams, lota

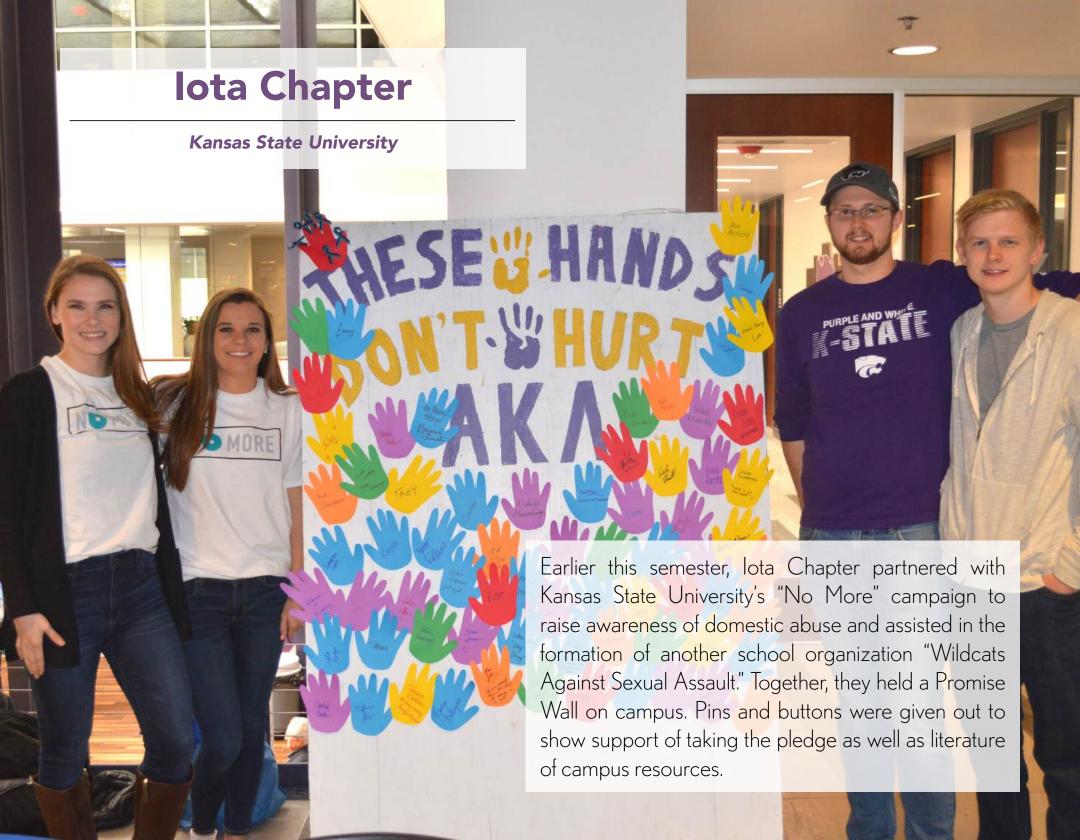


"I've seen this philanthropy grow into something that isn't about making a simple promise. It's an oath that each and everyone of us take to filter all negative emotion into something productive, rather than destructive."

-Logan Hunt, Xi











Troy Marroquin & Francisco Juarez

Xi Chapter at Truman State University

At Truman State University's Leadership Recognition Program, two Xi Chapter members were among the individuals and organizations recognized for their leadership

Troy Marroquin (pictures right,) Chapter President 2017, was awarded "Outstanding Chapter President of the Year." And Francisco "Cisco" Juarez (pictured left) was named "2018 Greek Man of the Year."

"It means a lot to receive this award." said Troy. "As most people would probably say, it's great to know that others recognize and appreciate the amount of work that was put into my role as President, especially coming from the campus perspective."

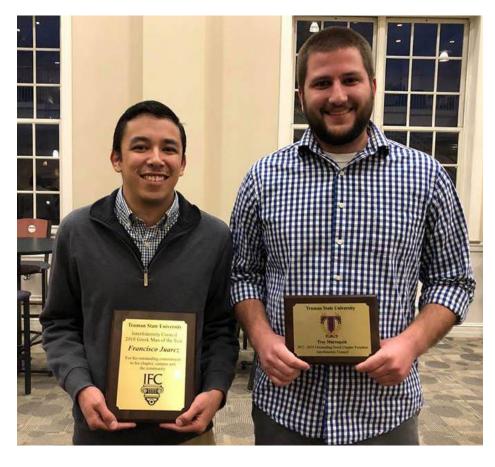
Cisco has been heavily involved in his chapter as: VP of Alumni, Historian, Haunted House Chair, New Member Educator, Vice President, and involved on committees. "The chapter has supported me over the years," said Cisco, "by never doubting my capabilities to be a leader."

Equally as involved on campus, Cisco served on Greek Week committee for three years as the Awards Court & Apparel Chair, Director, & Lip Sync Coordinator. He also served on the 2016 Homecoming Committee as the Events Coordinator Student Philanthropy Council President...

Damon Pee, Program Advisor for Organizational Engagement and Leadership, had a few words to share.

"Troy Marroquin provided leadership to his organization during a very difficult time. As president, he met with University administrators, concerned alumni, and headquarters' staff to envision the next steps for his chapter. He identified areas AKL could improve and navigated competing demands from numerous stakeholders. For that, he is rightly commended."

"Cisco received IFC's Man of the Year and if you look through his accomplishments there leaves little room for discussion why he won. Cisco is an active member of AKL



and is also an exemplary employee on campus as a member of the External Client Management team in the Center for Student Involvement where he assists community agencies in their programming on campus."

When asked what advice they have, Troy said to get involved early. "When I joined, I never would have seen myself becoming President of the organization, but through getting involved with events and chair positions, the pieces just fell in place."

"Reach out to the older members on how to get more involved inside and out of the fraternity." Cisco added "Try to take on some responsibilities early on and get experience to be in those leadership positions that make a great impact on campus and the fraternity."

After graduating this semester, Cisco is joining Teach for America to become a middle school math teacher. Troy has one more year of undergraduate studies in computer science. Congratulations!

CHAPTER SPOTLIGHT

Greek Week Winners

Lambda Chapter at Emporia State University

Lambda Chapter recently won the overall Greek Week competition at Emporia State University. Partnered with Alpha Sigma Alpha Sorority, Kappa Delta Chi Sorority Inc., and Phi Delta Theta Fraternity. all chapters worked hard and emerged victorious at the end of the week.

The first event, Greek Games, consisted of group games: Hungry Hungry Hippos, Tug of War, and a Relay Race, all of which AKL's team won. Individual games included "Minute to Win It" challenges and an Obstacle Course which the chapter won as well.

The chapter also participated in the Greek God & Goddess Competition with brother Barret Koch representing and winning the title of Greek God. The pageant consisted of three portions; lip sync, trivia, and talent. For lip sync, Barret performed "Where is the Love" by The Black Eyed Peas and "Hey Ya" by Outkast.

The trivia portion consisted of Emporia State University, Fraternity and Sorority Life, and Greeks Advocating the Mature Management of Alcohol trivia. "As ESU Ambassador President I was able to answer my questions regarding ESU history." said Barret.

"For my talent, I chose to tell bad jokes and play guitar, all while keeping a monotone voice and a straight face. Such as 'I used to hate beards, but then they grew on me,' or 'How many apples grow on trees? All of them."

The final events of the week included with a philanthropy food drive and group lip sync by the chapter. Brothers Alec Walberg and Hewy Mckoy mixed the music, and choreographed the performance. The chapter chose a "Wizard of Oz" storyline where the chapter found their way "home to Alpha Kappa Lambda."



"Our fraternity has always been competitive when it comes to events. Multiple members took to painting their faces and making signs to show our spirit throughout."

- Barret Koch



ALUMNI SPOTI IGHT

Dan Maloney

Gamma Chapter at University of Illinois UC

This month, Inside AKL caught up with Dan Maloney, Gamma alum from the University of Illinois at Urbana-Champaign, to learn more about his career path to financial advisor, time as an undergraduate member, and his time as the school's mascot.

Tell us about your experience as an undergraduate member of Gamma at Illinois?

"Both of my parents were in the Greek system, Dad being a fellow Gamma and Mom was a Chi Omega (both at Illinois.) Growing up, I heard countless stories about how much that impacted their lives, how it led to their career paths, the friendships they had (and still have.) It just made sense for me to explore the system when I arrived in Champaign. That being said, I was 100% convinced I would not follow the same path as my father via my college experience: well, look how that one turned out! Every house I visited during Rush my freshman year felt strangely disconnected in a way. I never walked into one house, met the members, and

said "yes, this is where I belong." That is until I stopped in at 401 E Daniel. This was where I felt the true examples of what a fraternity is supposed to be: a welcoming environment, men of character, traditions, etc. At that moment, I could say that I was home."

What leadership positions did you hold in the chapter or in campus or community organizations?

"In Gamma, I served primarily as the alumni relations and parents organization chair. My responsibility was both Mom and Dad's weekends, arranging Homecoming festivities, and making sure when alumni were in town, people were available to give them tours of the house or show them around."

"On campus, I primarily was involved with the Marching Illini. I marched tenor saxophone for my first 3 years on campus. Then in the Spring of 2004, I earned one of the two spots to portray Chief Illiniwek, a role I served in until its retirement in 2007."

"Save early and save often. Be disciplined and be proactive." - Dan Maloney

You received your bachelor's degree in 2006, tell us about your educational background.

"My educational background was, at the time, jokingly referred to as "unemployment with a minor in drama." My undergrad was a double major in Rhetoric (creative writing) and Cinema Studies (movie watching.) Because of a variety of circumstances (none moreso than my role as Chief Illiniwek XXXVI) I immediately entered grad school after finishing my degree in 2006 studying Recreation, Sports and Tourism (specializing in Public Relations and Marketing.) I earned my MS in RST in May of 2008."

Can you tell us about your career path and how that has led you to your current position?

"I'm currently a financial advisor in Indianapolis with Edward Jones. Initially, I had always said that I didn't want to be sitting in a cubicle farm but rather wanted a career that emphasized personal achievement



Dan with his wife, Catherine.

and freedom of time and location. Because I didn't necessarily have the financial background expected of a financial advisor, I was able to find an extended training program that helped people like myself that had the interpersonal skills but lacked technical insights necessary for the industry.

"That being said, I finished up grad school and entered the work force in May of 2008, a stunningly rich time for economic opportunity. I had to find something that would continue to develop my skill set."

Article continued on next page.

"I applied everywhere for everything, had countless interviews, participated in surveys and studies, even sold Mens Shoe's at Macy's in Schaumburg, IL. (Which a nice pair of shoes can make or break a first impression.) Eventually, a fellow AKL alum (Chris Disher) provided me with an opportunity to learn how to build a business in a difficult economic time. Even though this was an unpaid internship, the experience opened a few more doors and gave me the experience needed to start with Edward Jones in October of 2009."

What skills and experiences as an undergraduate have helped you the most as a professional?

"This is a great question. Within the house, the physical structure was in pretty desperate need of an overhaul and, at the time, we had a rather fractured relationship with the alumni base. It was my responsibility to demonstrate to people who had previously had some not so positive experiences with returning to campus

that our chapter house was worth saving, that the young men living in were worthy of their support."

"As an early 20-something, I was honored that we had a sizable amount of alumni return to the house and we were able to get the ball rolling for the renovation that our current chapter enjoys."

"On campus, my time as Chief Illiniwek was invaluable in all aspects of my life. Beyond the simple performance of the dance, I had to spend a few weeks living on a reservation, gave speeches to different community/alumni/student groups, networked with alumni, and was the face of a tradition that had been around for 80 years."

"During the turbulent and controversial "retirement" (of which I strongly disagree) I was given a new type of experience: advocacy. I lived as the public face in the very public national media, having to explain a decision that many (including those that had little knowledge of Chief Illiniwek) felt was

purely political and served no purpose. I don't mean to get on a soapbox here, but I'd strongly encourage people to read up on the tradition and the circumstances around it's retirement in the Spring of 2007."

Dan, tell us about your family life?

"My beautiful wife Catherine and I met at a Marching Illini event in the Fall of 2004. We married on the hottest day of the year in 2011. She recently completed her basic combat training and advanced individual training for the US Army this past month and will be serving as a musician in the US Army Band as well as continuing to teach music in Pendleton, IN. We currently have no children, but rather 2 crazy cavalier king charles spaniels (Lucy and Daisy) that we love to death."

What advice would you give to undergraduate brothers when planning for their financial future?

"My best advice to my undergraduate brothers is this: save early and save often. You don't have to put thousands of dollars away every month to live the life you want long term. Be disciplined and be proactive. It's amazing what your money will do for you in even the first decade of your work life."

"Even if you are putting a small amount each month (\$10-20 for example), that will echo throughout the next 30-40 years and you will be in a much better position than you'll realize. Eventually, all your debts will be paid but you can't retroactively go back and save for the long term."

Thank you to Dan for taking his time to share his experiences with us! If you'd like to see an alum featured in the future, contact us at info@akl.org

FFATURED ARTICLE

Summer Break Safety

Originally published at www.HolmesMurphy.com

Summer break, or the months of May through August, is a high risk period of time for chapter houses. It is important you take the time to properly prepare your chapter house for the summer break period. The leading risks to a chapter facility during the summer break period are:

Fire	Vandalism	Theft
Wind	Water Damage	Hail

Only two perils on the list are truly unavoidable, that being wind and hail. However, the risks and resulting claims from wind and hail often occur to the roof and structure of the facility, emphasizing the need to have the facility inspected by a professional on a regular basis.

Most incidents involving water damage could have been minimal if someone had taken the time to prepare the house for break. The plumbing issues creating damage often went unchecked for days, weeks and even months. As a result, what would have been a few hundred dollars in clean up and a small plumbing repair turned into a costly claim.

Avoiding a claim can make a significant difference in the cost of property

insurance and ability to provide a safe and healthy environment for undergraduate members.

The benefits of preparing your house for summer break include:

- Avoid the expense and the time associated with a claim and restoring the damaged area.
- With a large loss, you may risk having an uninhabitable house for the fall semester.
- Water damage can lead to mold
- Many insurance policies limit coverage in this area.
- Protect your history from thieves and vandals, A price cannot be put on sentimental value

Use the Summer Break Checklist to help prepare your chapter facility!

Summer Break Checklist

- · Inspect all rooms, document damage and deduct from security deposit
- Complete routine maintenance on furnace/boiler/AC
- · Clean and inspect all roof drains and gutters (contact a local professional)
- Repair all broken windows and doors to prevent damage from inclement weather; ensure that doors latch completely
- Have a roofing contractor inspect the roof, provide a written recommendation, and repair any immediate concerns
- Contact emergency service company to conduct an inspection and service emergency lighting, alarm equipment, fires suppression and sprinkler systems
- · Clean exterior and interior of chapter house and check security/safety lighting
- · Clean/service fireplace and chimney and check for defects or debris
- Inspect the hot water heater and exposed water lines and pipes for slow leaks
- · Remove and dispose of debris outside the facility, especially near the dumpster
- Unplug and store unused appliances
- Service and clean stoves, ovens, hood ranges and other kitchen equipment
- Inform the host institution (college/university) as to whether the residence will be occupied or not and provide proper contact information for the facility

If the chapter facility is unoccupied over the summer:

- Securely lock the property and limit access to only designated alumni/ alumnae or undergraduates
- Have a responsible alumnus, undergraduate or professional property management company check the property daily to ensure a loss has not occurred. A consistent daily presence will deter thieves and vandals.
- Inform local police and/or campus security the property will not be occupied.
 Provide them with access to the facility and ask them to patrol frequently
- If it will not affect the function of your fire sprinkler system or other systems, turn the water off at the main supply line (contact a professional for this service)
- · When not in use, remove all hoses and store preferably inside facility
- If the property will not be occupied in the fall, contact Holmes Murphy to ensure you are meeting the necessary conditions required of a vacant property to not limit coverage in the event of a loss
- Hire a mature caretaker to reside in and look after the property in exchange for free/reduced rent if a house mother and/or resident advisor is not available

2018 National Conclave

Atlantis Paradise Island Resort: August 1–4, 2018





For more information, check out the National Conclave website here!

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Registration Costs

Undergraduate Delegate per delegate (\$7	\$350,00 '00 per chapter)	
Alumni Delegate	\$350,00	
Non-Delegate or Guest	\$225,00	
Children (Under 18)	\$100,00	
Hotel per night (plus tax & fees)	\$209,00	

Registration Cost include:

- Access to all legislative and education sessions (for members)
- Access to Ritual Ceremony, Rededication Ceremony, and Omega Ceremony (for members)
- Access to all provided meals:
 - Friday: AKL Alumni, Friends, & Family Reception
 - Saturday: AKL Education Foundation Luncheon
 - Sunday: Tasters Lunch Buffet, and Poolside Celebration and Dinner
- Hotel and Travel costs not included in registration